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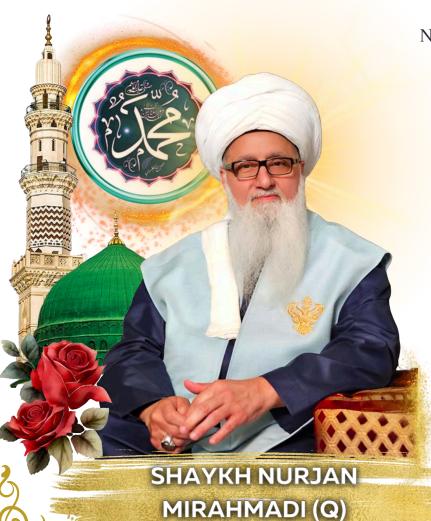


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ABOUT THEAUTHOR





Naqshbandiya tul Aliya, the most distinguished sufi path to divine realities. Mawlana Shaykh Nurjan is our beloved shaykh, teacher and guide, saint of the highest caliber, a light for lost souls, and a guide of the bewildered. He is a light of safety and hope for such a hopeless time. A true symbol of the greatness of The Muhammadan Reality. Reviver of the soul, supporter of the truth.

Shaykh Nurjan Mirahmadi (Q) has devoted his life to spread the true Sufi teachings of love, acceptance, respect, and peace throughout the world and opposes extremism in all forms. An expert in Sufi spirituality, he has studied with some of the world's leading Sufi scholars of our time. Shaykh Nurjan Mirahmadi (Q) has founded numerous educational and charitable organizations. He has travelled extensively throughout the world learning and teaching Sufi Meditation and healing, understanding channeling of divine energy,

discipline of the self, and the process of self realization.







DIVINE HEALING ENERGY & POWER BEGINS WITH WUDU











Before entering the bathroom facility

Take off your turban, sunnah ring, and anything with visible islamic calligraphy, before entering the facility. Keep your head covered with your kufi while inside the facility.

Start with the intention in your heart that:

O my lord, with the power and the secret of water, wash away all difficulty, all sickness/illness, bad desires, bad energies, and negative energies.









Make intention

In Your Heart, Say:

Bismillah Hir Rahman nir Raheem

(In the Name of Allah , the Tenderly Compassionate, the Infinitely Merciful)

and begin with Rubbing both hands three times, turning the right over the left and the left over the right.









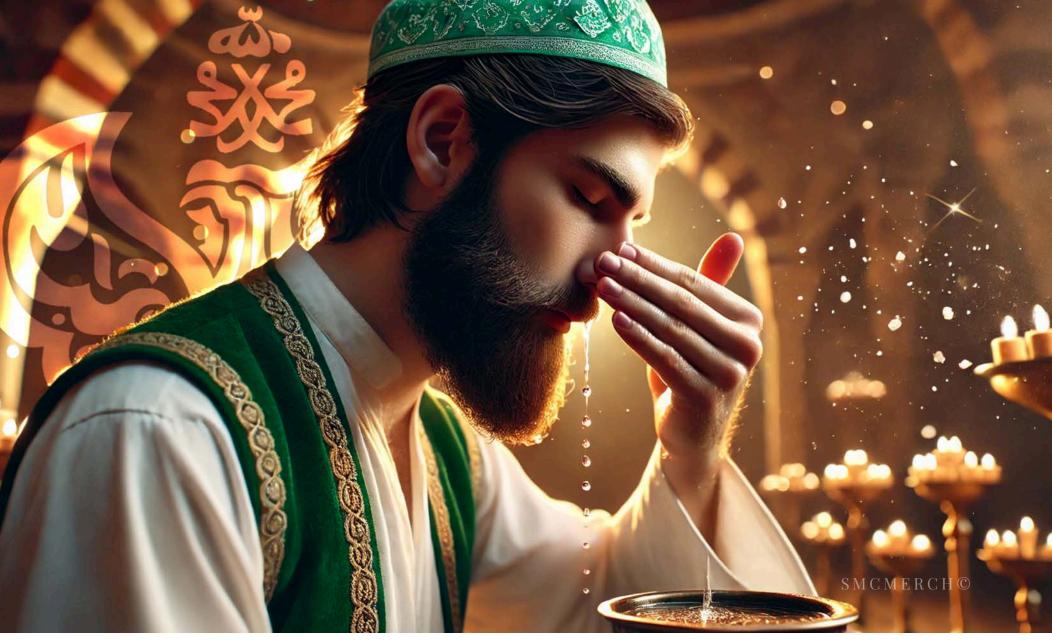


Step 3 Rinsing the mouth

With the right hand, rinse your mouth 3 times.











Step 4 Rinsing the nose

With the left hand, rinse your nose 3 times.









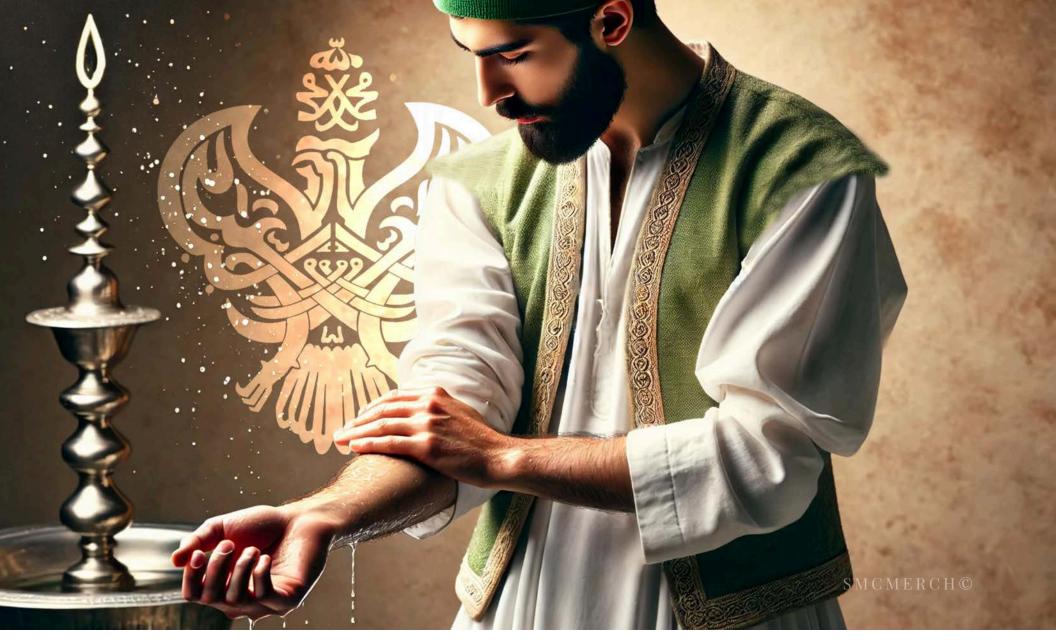


Step 5 Rinsing the face

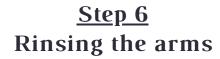
With both hands, rinse your face 3 times.

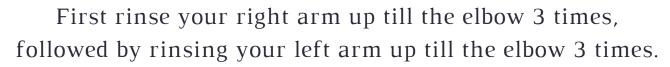


















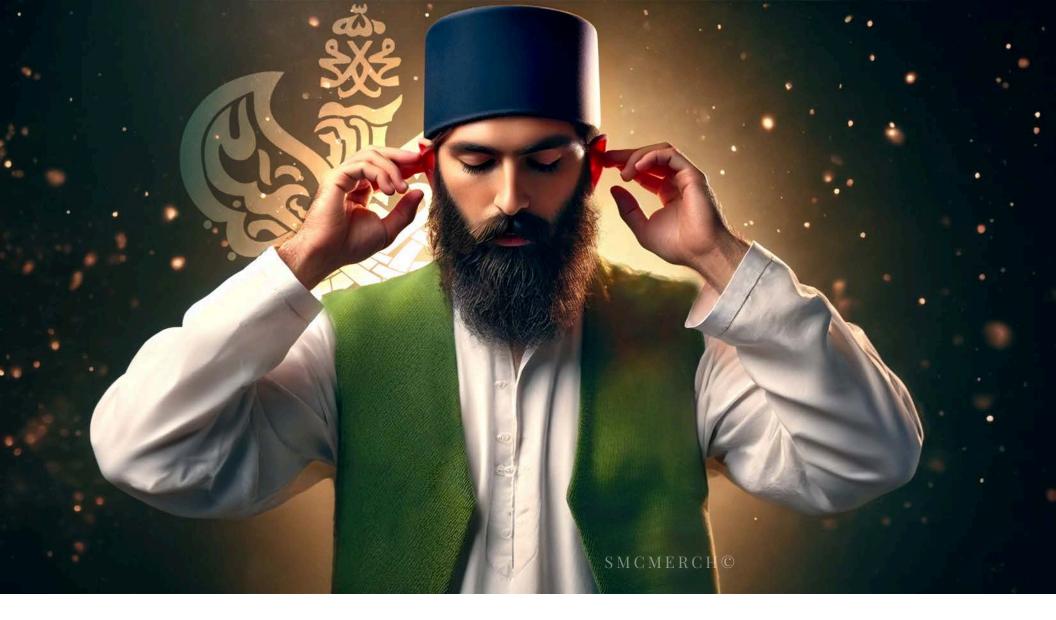


Masah

With wet hands, rub your hair from front to back by joining both your middle fingers, ring fingers, and pinky fingers together.







Step 7 Continued

Wipe both ears simultaneously with your wet hands. Use your index fingers to clean the inside of your ears from top to bottom. Then use your thumb to clean the area behind your ears, from top to bottom.





Step 7 Continued



Now, with the back of your wet hands, rub your neck starting from back to front.







Step 7 Continued

This is followed by rubbing your arms. Each arm is rubbed once. Rub your right arm first, by interlacing the palm and fingers of your left hand with the back of your right hand, and rub downwards till you reach your right elbow. After rubbing the back of your right arm, move your right hand fingers through the left hand's fingers, and vice versa.



Rinsing the feet

Then rinse your right foot first, up till the ankle, 3 times, followed by rinsing your left foot up till the ankle 3 times. Move your fingers through the toes to ensure they get wet.







Pray salatul wudu

After completing wudu, and upon exiting the bathroom, put on your turban and your Sunnah ring. Use siwak and pray 2 raka'h salatul wudu to seal your energy. Your wudu is now complete.







