

# قِيَامُ اللَّيْلِ

## Qiyamul Layl

### Night Vigil Prayers

**One should get up at least one hour before Fajr** since it is at this time that the gate of Mercy of Allah (Who is Powerful and Sublime) is opened. This is the time when the great Shaykhs look at their mureeds.

Whoever wishes to reach the station of the Ahlul 'Azm (People of Determination) must keep up these practices. Our Shaykh tells us about the importance of this time and its virtues. He says: "If a person gets up one hour before Fajr and does nothing, not even praying, not even making tasbeeh, but gets up to drink something, such as coffee, or tea, or eat a morsel of food, then he must also be raised with the Ahlus Sahr (Vigilant People)."

1. Get up at least one hour before Fajr
2. Make wudu (ablution) and perform two rak'ats of Tahiyatul Wudu.

### Niyat (Du'a of Intention)

نَوَيْتُ الْأَرْبَعِينَ، نَوَيْتُ الْإِعْتِكَافَ، نَوَيْتُ الْخُلُوةَ، نَوَيْتُ الْعَزْلَةَ، نَوَيْتُ الرِّيَاضَةَ، نَوَيْتُ السُّلُوكَ لِلَّهِ تَعَالَى  
الْعَظِيمِ فِي هَذَا الْمَسْجِدِ

**Nawaytul Arba'een, nawaytul 'Itikaf, nawaytul Khalwah,  
nawaytul 'Uzlah, nawaytur Riyada, nawaytus Sulook Lillahi Ta'ala al 'Azhim  
fi hazal masjid.**

I intend to perform the forty days of seclusion, I intend seclusion in the masjid, I intend spiritual seclusion, I intend isolation/solitude, I intend to discipline (the ego), and I intend to travel on the spiritual path for the sake of Allah Almighty in this masjid.

### Salatut Tahajjud (Late Night Voluntary Prayer)

صَلَاةُ التَّهَجُّدِ

Pray 6 or 8 Rak'ats in 2 Rak'at (cycle) prayers.

#### For each 2 Rak'at prayer:

First Rak'at - 1X **Surat al Fatiha**, 2X **Surat al Ikhlas**

Second Rak'at - 1X **Surat al Fatiha**, 1X **Surat al Ikhlas**



## Prior to performing Salatun Najat, recite the following

يَا حَلِيمُ

### 100X Ya Halim (The All-Forbearing)

Ask that Allah (Exalted is He) purify oneself from the anger of one's nafs (ego), and with this intention recite "Ya Halim"

يَا حَفِيزُ

### 100X Ya Hafiz (The Preserver)

Then seek protection from external and internal enemies, and from both heavenly and earthly misfortune, by saying "Ya Hafiz"

## Salatun Najat (Prayer of Salvation)

صَلَاةُ النَّجَاةِ

### Perform 2 Rak'at (cycle) prayer:

1. First Rak'at – After **Surat al Fatiha**, recite the following Qur'an verses:

#### Ayatul Kursi (Verse of the Throne)

اللَّهُ لَا إِلَهَ إِلَّا هُوَ الْحَيُّ الْقَيُّومُ لَا تَأْخُذُهُ سِنَّةٌ وَلَا نَوْمٌ لَهُ مَا فِي السَّمَاوَاتِ وَمَا فِي الْأَرْضِ مَنْ ذَا الَّذِي يَشْفَعُ عِنْدَهُ إِلَّا بِإِذْنِهِ يَعْلَمُ مَا بَيْنَ أَيْدِيهِمْ وَمَا خَلْفَهُمْ وَلَا يُحِيطُونَ بِشَيْءٍ مِّنْ عِلْمِهِ إِلَّا بِمَا شَاءَ وَسِعَ كُرْسِيُّهُ السَّمَاوَاتِ وَالْأَرْضَ وَلَا يَئُودُهُ حِفْظُهُمَا وَهُوَ الْعَلِيُّ الْعَظِيمُ. ( صَدَقَ اللَّهُ الْعَظِيمُ. )

"Allahu la ilaha illa Huwa Al Hayyul Qayyum. La takhuzuhu sinatun wa la nawm. Lahu ma fis samawati wa ma fil ard. Man zallazi yashfa'u 'indahu illa bi iznihi. Ya'lamu ma bayna aydihim wa ma khalfahum, wa la yuhituna bi shayim min 'ilmihi illa bima shaa. Wasi'a kursiyuhus samawati wal ard. Wa la yauduhu hifzuhuma, wa Huwal 'Aliyyul 'Azeem. Sadaq Allahul 'Azeem. (2:255)"

"Allah, there is no god but He, the Ever Living, Self-Sustaining. Neither drowsiness overtakes Him nor sleep; to Him belongs all that is in the heavens and on earth. Who is it that can intercede with Him except by His permission? He knows what lies before them, and what will be after them. And they comprehend not anything of His knowledge except for what He wills. His throne extends over the heavens and the earth, and their preservation tires Him not. And He is the Most High, the Almighty." (The Cow, [2:255](#))



## Surat Ali 'Imran, 3:18-19

شَهِدَ اللَّهُ أَنَّهُ لَا إِلَهَ إِلَّا هُوَ وَالْمَلَائِكَةُ وَأُولُو الْعِلْمِ قَائِمًا بِالْقِسْطِ ۚ لَا إِلَهَ إِلَّا هُوَ الْعَزِيزُ الْحَكِيمُ.  
إِنَّ الدِّينَ عِنْدَ اللَّهِ الْإِسْلَامُ ...

**"Shahidallahu annahu la ilaha illa Hu wal mala'ikatu wa ulul 'ilmi qaaiman bil qist. La illaha illa Huwal 'Azizul Hakim. (18) Innad dina 'indAllahil Islam...(19)" (3:18-19)**

"Allah (AJ) bears witness that there is no god but He, and the angels and people of knowledge, upholding justice; there is no god but He, the Almighty, the All-Wise. (18) The religion with Allah (AJ) is Islam...(19)" (Family of 'Imran, [3:18-19](#))

## Surat Ali 'Imran, 3:26-27

قُلِ اللَّهُمَّ مَالِكُ الْمُلْكِ تُؤْتِي الْمُلْكَ مَنْ تَشَاءُ وَتَنْزِعُ الْمُلْكَ مِمَّنْ تَشَاءُ، وَتُعِزُّ مَنْ تَشَاءُ وَتُذِلُّ مَنْ تَشَاءُ،  
بِيَدِكَ الْخَيْرُ، إِنَّكَ عَلَى كُلِّ شَيْءٍ قَدِيرٌ. تُؤَلِّجُ اللَّيْلَ فِي النَّهَارِ وَتُؤَلِّجُ النَّهَارَ فِي اللَّيْلِ، وَتُخْرِجُ الْحَيَّ مِنَ الْمَمِيتِ وَتُخْرِجُ الْمَمِيتَ مِنَ الْحَيِّ، وَتَرْزُقُ مَنْ تَشَاءُ بِغَيْرِ حِسَابٍ.

**"Qulil lahumma Malikul mulki, tu'til mulka man tashaau wa tanzi'ul mulka mimman tasha'u, wa tu'izzu man tasha'u, wa tuzillu man tasha'u, bi yadikal khayr, innaka 'ala kulli shay'in qadir. (26) Tulijul layla fin nahari, wa tuliju nahara fil layl, wa tukhrijul hayya minal mayyiti, wa tukhrijul mayyita minal hayy, wa tarzuqu man tasha'u bi ghayri hisab. (27)" (3:26-27)**

"Say: O Allah, Owner of Sovereignty, You give kingdom to whom You will and You take kingdom away from whom You will. You honor whom You will and You humble whom You will. In Your hand is [all] good. Indeed, You are over all things Powerful. (26) You make the night to enter into the day, and You make the day to enter into the night. And You bring the living out of the dead, and You bring the dead out of the living. And You give provision to whom You will without account. (27)" (The Family of 'Imran, [3:26-27](#))

## 2. Second Rak'at – After Surat al Fatiha, Recite 11X Surat al Ikhlas (Ch. 112)

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ  
قُلْ هُوَ اللَّهُ أَحَدٌ. اللَّهُ الصَّمَدُ. لَمْ يَلِدْ وَلَمْ يُولَدْ. وَلَمْ يَكُنْ لَهُ كُفُوًا أَحَدٌ.

**Bismillahir Rahmanir Raheem.**

**"Qul HuwAllahu Ahad. (1) Allahus Samad. (2) Lam yalid wa lam yulad. (3) Wa lam yakul lahu, kufuwan Ahad. (4)" (112:1-4)**

In the name of Allah, the Most Compassionate, the Most Merciful.

"Say (O' Muhammad (pbuh)) He, Allah (is) the One! (1) Allah, the Eternal/The Self-Sufficient. (2) He neither begets nor is born. (3) And there is none like unto Him. (4)" (The Sincerity, [112:1-4](#))



After completing the taslim (final salaam right and left), go into sajda (prostration) with the intention of asking Allah (AJ) to rid your heart of all envy, and recite the du'a:

يَا رَبِّي، كَمَا تَأْكُلُ النَّارُ الْحَطَبَ، هَكَذَا الْحَسَدُ الْمُتَأَصِّلُ فِيَّ يَأْكُلُ جَمِيعَ أَعْمَالِي. يَا رَبِّي خَلِّصْنِي مِنْهُ  
وَمِنْ الْغَضَبِ النَّفْسَانِي، وَمِنْ نَفْسِ الْبَطْلِ الْمَذْمُومَةِ، وَمِنْ الْأَخْلَاقِ الذَّمِيمَةِ. وَيَا رَبِّي بَدِّلْ كُلَّ أَخْلَاقِي  
إِلَى أَخْلَاقٍ حَمِيدَةٍ وَأَفْعَالٍ حَسَنَةٍ.

**Ya Rabbi, kama ta'kulun narul hataba, hakazal hasadul muta'assilu fiya ya' kulu jam'ia a'mali. Ya Rabbi khalisni minhu, wa minal ghadabin nafasani, wa min nafsint tafil mazmuma, wa minal akhlaqiz zamima. Wa ya Rabbi, baddil kula akhlaqi ila akhlaqin hamidatin wa af'aalin hasana.**

O my Lord! Just as fire consumes firewood, in the same way the envy which is rooted in me consumes all my actions/good deeds. O my Lord, save me and purify me from it (jealousy), and from the anger of my ego. O my Lord, rid me of the blameworthy nature of the childish ego, and reprehensible character. And, O my Lord, change all my character to praiseworthy manners and into good deeds.

### **Salatush Shukr (Prayer of Gratitude)**

صَلَاةُ الشُّكْرِ

2 Rak'at (cycle) prayer – Pray regular 2 cycle to show gratitude to Allah (AJ) for all His blessings upon us.

### **Salatut Tasabih (Prayer of Glorification)**

صَلَاةُ التَّسَابِيحِ

4 Rak'ats (cycles) prayer. It can be prayed in two ways.

1. Pray in two rak'ats and give Taslim (salaams) after each 2 prayer cycle.
2. Pray as four rak'ats with one Taslim (salaams) at the end. We have included only the second one that our Shaykh uses.

The tasbih which is recited during this prayer is:

سُبْحَانَ اللَّهِ وَالْحَمْدُ لِلَّهِ وَلَا إِلَهَ إِلَّا اللَّهُ وَاللَّهُ أَكْبَرُ

**SubhanAllahi wal hamdulillahi wa la ilaha illAllah wa Allahu Akbar.**

Glory be to Allah! Praise be to Allah! There is no god but Allah, and Allah is Great.



At the end of every set of 10 or 15 tasbihs recite:

وَلَا حَوْلَ وَلَا قُوَّةَ إِلَّا بِاللَّهِ الْعَلِيِّ الْعَظِيمِ

### **Wa la hawla wa la quwwata illa billahil 'Aliyyil 'Azeem.**

And there is no support, nor power except by Allah, The Most High, The Mighty.

- The total number of tasbihs recited is 300, with 75 in each rak'at (cycle).
- Below is when tasbih is recited, followed by the number of tasbihs to recite.
- Note: The tasbih is added to the regular parts of the prayer after the normal recitations. Eg. In sajda one first recites the normal "Subhana rabbi al 'ala", then the 10 repetitions of the special tasbih.

### **First Rak'at**

1. After reciting the Thana' but before Surat al Fatiha – 15
2. After reciting Surat al Fatiha and a Surah from the Qur'an (the Shaykh usually reads two Surat al Ikhlas) – 10
3. In the ruk'u (bowing position) – 10
4. In qiyam (standing position), after the ruk'u – 10
5. In the first sajda (prostration) – 10
6. In jalsa (the sitting position), after the first sajda – 10
7. In the second sajda (prostration) – 10

Subtotal for first rak'at – 75

The **second rak'at** is performed the same as the first rak'at (the Shaykh recites only one Surat al Ikhlas after Surat al Fatiha. No tasbih is recited in the second jalsa (sitting position)). Subtotal – 75

The **third rak'at** is performed the same as the first rak'at. Subtotal – 75

The **fourth rak'at** is performed the same as the second rak'at. Subtotal – 75

### **Begin the Adaab as Salat al Fajr - Morning Prayer's Practices**

