

قيام الليل في شهر رجب
Qiyamul Lail fi Shahre Rajab
Rajab's Nightly/Early Morning Devotion

1. Wake up **two hours before Fajr** (morning) prayer
2. Make **Wudu** (ablution)
3. **Pray Salat Sunnatul Wudu** - 2 raka'at (cycle) regular prayer
4. **Take 3 steps in the direction of the Qiblah**, in your place of worship, take first step with right foot and Recite:

يَا رَبِّ الْعِزَّةِ وَالْعَظَمَةِ وَالْجَبَرُوتِ

"Ya Rabbil 'izzati wal 'azhamati wal Jabbaroot"

"O Lord of Honor and Might and Magnificence, Imposer of Thy Will."

5. Make **Intention - Niyyat** النِّيَّةُ by reciting:

نُؤَيِّتُ الْأَرْبَعِينَ، نُؤَيِّتُ الْأَعْتِكَافَ، نُؤَيِّتُ الْخَلْوَةَ، نُؤَيِّتُ الْعِزْلَةَ، نُؤَيِّتُ الرِّيَاضَةَ، نُؤَيِّتُ السُّلُوكَ لِلَّهِ تَعَالَى
الْعَظِيمِ فِي هَذَا الْمَسْجِدِ. (فِي هَذَا الْجَامِعِ)

**Nawaytul Arba'een, Nawaytul 'itikaf, Nawaytul Khalwah
Nawaytul 'Uzlah, Nawaytur Riyada, Nawaytus Sulook,
Lillahi Ta'al al 'Azhim fee hadhal masjid (or fee hadhal jami')**

I intend the forty (days of seclusion), I intend seclusion in the mosque, I intend seclusion, I intend isolation, I intend discipline (of the ego), I intend to travel in God's Path, for the sake of God in this mosque.

6. **100X Ya Halim** يَا حَلِيمَ (The Forbearing, Most Gentle) - for removing anger
7. **100X Ya Hafeez** يَا حَفِيزَ (The Protector) - for protection and removing affliction
8. **100X Salawat**

Imagine yourself in *Rawdah Sharif* (blessed garden), in front of the *maqam* of the Prophet Muhammad ﷺ, in *Madinatul Munawera* facing the holy Messenger of Allah and praising:

اللَّهُمَّ صَلِّ عَلَى سَيِّدِنَا مُحَمَّدٍ، وَعَلَى آلِ سَيِّدِنَا مُحَمَّدٍ

"Allahumma salli 'ala Sayyidina Muhammadin, wa 'ala aali Muhammadin wa sallim"

O Allah! Send Peace and blessings upon Muhammad and upon the Family of Muhammad (Peace be Upon him)



9. Intention – *Niyyat* ^{النِّيَّةُ}

يَا رَبِّي، إِنِّي نَوَيْتُ أَنْ أَتَقَدَّمَ نَحْوَ بَحْرِ وَحْدَانِيَّتِكَ إِلَى مَقَامِ الْفَنَاءِ فِيكَ، فَلَا تَرُدَّنِي يَا رَبِّي يَا اللَّهَ خَائِبًا حَتَّى تُوصِّلَنِي إِلَى ذَلِكَ الْمَقَامِ - الْمَقَامِ الْفَرْدَانِيِّ.

Ya Rabbi, innani nawaytu an ataqadama nahwa bahri wahdaniyyatika ilaa maqaamil fanaa eh fika. Falaa tarudani ya Rabbi, ya Allah khaaiban hatta tuwassilani ilaa dhaakal maqaam – al maqaamul Fardani.

O my Lord, I am moving and stepping forward for the Station of Annihilation in the Divine Presence. Oh my Lord, O Allah (Glory be to You), I am asking you to vanish me in Your Existence and, O my Lord, I am moving toward your ocean of Unity, the Ocean of *Wahdaniyah*, O my Lord, don't reject me until I reach the unique *Maqam al Fardani*.

"O my Lord, as Grandshaykh Abdullah al Fa'yizi adDaghistani and Mawlana Shaykh Muhammad Nazim alQubrusi alHaqqani, as they made seclusion in this month and whatever *niyyat* (intention) they made, *Ya Allah*, let me be joined with their *niyyat*, because my tongue cannot say what is necessary to be said, so please share my *niyyat* with theirs. With this intention I come to your door."

10. Supplications – *Du'a*

يَا رَبِّي يَا اللَّهَ حَيْثُ هَذَا الشَّهْرُ هُوَ شَهْرُكَ، جِئْتُكَ ضَعِيفًا وَنَاقِيًا أَنْ أَعْمَلَ عَمَلًا بِدُونِ عَوَضٍ أَوْ أَنْ يَكُونَ فِيهِ طَلَبًا لِلْفَضِيلَةِ، قَاصِدًا إِيَّاكَ، إِلَهِي أَنْتَ مَقْصُودِي وَرِضَاكَ مَطْلُوبِي.

Ya Rabbi, Ya Allah haithu hadha ashShahr huwa shahraka, jetuka da'ifan wa nawian an 'amala 'amalan bidon 'iwadun aw an yakona fihi talaban lil fadilati qasidan iyyaka Ilahi anta maqsodi wa ridaka matlobi.

O my Lord, since this month is your month – *Rajabun Shahrullah* (*Rajab is the Month of Allah*)– I came to you as a weak guest and intending to worship You, without asking anything in return. My God, You are my aim, and Your good pleasure is what I seek. That is why I am coming, please don't reject me.

يَا رَبِّي كُلُّ عُمْرِي قَدْ أَمْضَيْتُهُ فِي الْمَعَاصِي وَالشِّرْكِ الْخَفِيِّ. وَ إِنِّي أَقْرُ بِأَنْنِي لَمْ أَتِ إِلَى بَابِكَ بِعَمَلٍ مَقْبُولٍ عِنْدَكَ. أَنْتَ اللَّهُ الَّذِي لَا يَأْتِي أَحَدٌ إِلَى بَابِكَ بِعَمَلِهِ، بَلْ بِفَضْلِكَ وَجُودِكَ وَكَرَمِكَ وَإِحْسَانِكَ. أَنْتَ اللَّهُ الَّذِي لَا تَرُدُّ عَبْدًا جَاءَ إِلَى بَابِكَ فَلَا تَرُدَّنِي يَا اللَّهَ.

Ya Rabbi, kullu 'umri qad amdaytuhu fil ma'asi wash shirkil khafi. Wa innani uqirru bi annani lam ati ila babika bi 'amalin maqbolin 'indaka anta Allahul ladhi la yati ahadun ila babika bi 'amalihi bal bi fadlika wa jodika wa karamakika wa ihsanika. Anta Allahul ladhi la taruddu 'abdan ja a ila babika fala taruddani ya Allah.

O my Lord, all my life I spent in disbelief, committing sins and *shirk khafi* (hidden polytheism), and bad behavior. And I am declaring wholeheartedly that I did not do any deed that is accepted by You. You are Allah, and no one came to Your door by his



deeds, but (only) by Your grant and reward. You are Allah, Who never threw away anyone that came to Your door. O Allah, please don't throw me out.

يَا رَبِّي كُلُّ أُمُورِي فَوَضَّعْتُهَا إِلَيْكَ حَيَاتِي وَمَمَاتِي وَبَعْدَ مَمَاتِي وَيَوْمَ الْمَحْشَرِ. كُلُّ أُمُورِي حَوَّلْتُهَا عِنْدَكَ. وَفَوَضْتُ أَمْرِي إِلَيْكَ، لَا أَمْلِكُ مِنْ أَمْرِ نَفْسِي شَيْئًا. لَا نَفْعًا وَلَا ضَرًّا وَلَا مَوْتًا وَلَا حَيَاةً وَلَا نُشُورًا. كُلُّ أُمُورِي وَحِسَابِي وَسُؤَالِي وَجَوَابِي حَوَّلْتُهُ عِنْدَكَ يَا رَبِّي يَا اللَّهَ. نَاصِيَّتِي بِيَدِكَ، وَأَنَا عَاجِزٌ عَنِ الْجَوَابِ وَلَوْ مِنْقَالَ ذَرَّةً.

Ya Rabbi, Kullu umori fawwadtuha ilayka, hayati wa mamati, wa ba'da mamati, wa yawmul hashr. Kullu umuri hawwaltuha 'indaka. Wa fawwadtu amri ilayka, la amliku min amri nafsi shayan. La naf'an, wa la darran, wa la mawtan, wa la hayatan, wa la nushoran. Kullu umori wa hisabi wa suali wa jawabi hawwaltuhu 'indaka ya Rabbi, Ya Allah. Nasiyati biyadika wa ana 'ajizun 'anil jawabi wa la mithqala dharratin.

O my Lord, I have given all my affairs into Your hands – my life, my death, my afterlife, and Judgment Day. All my affairs I have transferred to You and You are the One Who controls me. O my Lord, I do not possess anything with my *nafs* (ego) and my soul. I cannot give good to myself or bad to myself, or life to myself, or death to myself, but I have transferred all my accounts, and all Your judgment on me, and all Your questions to me and all my answers; I have transferred to you. Whatever You want to do with me, You do. My neck is in Your hand. I am helpless from answering Your questions, even the smallest answer I cannot answer. (With all this weakness, helplessness, and hopelessness, I am coming to Your door.)

لَوْ كَانَ لَكَ يَا رَبِّي بَابَيْنِ، أَحَدُهُمَا مُخَصَّصٌ لِلتَّائِبِينَ مِنْ عِبَادِكَ الْمُؤْمِنِينَ وَالْآخَرُ لِلتَّائِبِينَ مِنْ عِبَادِكَ الْعَاصِينَ، جِئْتُكَ يَا اللَّهَ نَحْوُ بَابِكَ الَّذِي يَحْتَاجُ أَنْ يَدْخُلَ مِنْهُ عِبَادُكَ الْعَاصِينَ وَإِنِّي أَقْرُ وَأَعْتَرِفُ أَنَّهُ يَجِبُ أَنْ أُجَدِّدَ إِسْلَامِي وَإِيمَانِي مِنْ هَذَا الْبَابِ لِإِظْهَارِ الْعُجْزِ.

Law kana laka Ya Rabbi, babayni ahada huma mukhasasun lit taibeen min 'ibadikal mumineen wal aakharu lit taibeen min 'ibadikal 'aaseen. Ji tuka ya Allah, nahwo babikal ladhi yahtaju an yadkhula minho 'ibadikal 'aaseen. Wa innani uqirru wa a' tariff annahu yajibu an ujaddida Islami wa Imani min hadhal bab li izharil 'ajzi.

O my Lord, if you had two doors for Your servant to enter through - one for the believers from Your servants and one for the unbelievers from Your servants - I am coming to You from the door that the unbeliever needs to come through. And I am declaring and believing this is the only door for me to come through. I am saying and admitting to You that I need to renew my Islam (Shahada - testimony of faith) and my Iman (faith), from this door to express my humility and helplessness.

وَهَذَا الْعَمَلُ هُوَ أَوَّلُ عَمَلٍ لِي بَعْدَ مَا شَهِدْتُ بِالْإِسْلَامِ حَقًّا يَا رَبِّي وَأَنْتَ وَكِيلِي يَا وَكِيلُ حَيْثُ نَقُولُ، اللَّهُ عَلَى مَا نَقُولُ وَكِيلٌ وَشَهِيدٌ.



Wa hadhal 'amalu huwa awwalu 'amalin li ba'da ma shahidtu bil Islami haqqan Ya Rabbi. Wa Anta wakili ya Wakil haithu naqulo Allaha 'Ala ma naqulo Wakeel wa Shahid.

This Deed and this Shahada is the first deed for me after I am pronouncing the Shahada and entering Islam and You are my Wakeel (protector) from whence we say: God is the Protector and Witness over what we say.

يَا وَكِيلُ، حَسْبُنَا اللَّهُ وَنِعْمَ الْوَكِيلُ وَلَا حَوْلَ وَلَا قُوَّةَ إِلَّا بِاللَّهِ الْعَلِيِّ الْعَظِيمِ

"Ya Wakeel. Hasbun Allahu wa Ni'mal Wakeel." (3:173)

Wa laa hawla wa laa quwwata illa billahil 'Aliyul 'Azheem.

O Protector, "Sufficient for us is Allah, and [He is] the best Disposer of affairs." (Qur'an 3:173) There is no power and nor strength except by Allah, The High and The Almighty.

11. Shahada 3X (Testimony of Faith) (with index finger of right hand raised)

أَشْهَدُ أَنْ لَا إِلَهَ إِلَّا اللَّهُ وَأَشْهَدُ أَنَّ مُحَمَّدًا عَبْدُهُ وَرَسُولُهُ

Ashhadu an la ilaha illallah, wa ashhadu anna Muhammadan 'abduhu wa Rasulu

I bear witness that there is no god but Allah, and I bear witness that Prophet Muhammad is the servant and the Messenger of Allah.

12. Re-affirm five pillars of Islam – Tajdid Urkan al Islam تجديد أركان الإسلام

إِقَامُ الصَّلَاةِ، وَإِيتَاءُ الزَّكَاةِ، وَالصَّوْمُ رَمَضَانَ، وَحَجُّ الْبَيْتِ

Iqaamus Salati, wa itauz Zakat, wa Sawmu Ramadan, wa Hajjul bayt.

I believe in the establishment of prayer, paying the poor-due (charity), fasting of Ramadan, and the Pilgrimage of the House of God (Ka'bah Sharif).

13. Re-Affirm Six pillars of Faith – Tajdid Urkan ul Iman تجديد أركان الإيمان

أَمَنْتُ بِاللَّهِ وَمَلَائِكَتِهِ وَكُتُبِهِ وَرُسُلِهِ وَالْيَوْمِ الْآخِرِ وَالْقَدْرِ خَيْرِهِ وَشَرِّهِ مِنْ اللَّهِ تَعَالَى

Aamantu Billahi wa Malaikatihi wa Kutubihi wa Rusulihi wal Yawmil Akheri, wa bi qadri khairihi wa sharrihi min Allahi Ta'ala, wal ba'the ba'dal mawt.

I believe in Allah, His Angels, His books, His Messengers, the Last Day, and the Destiny – its good and its bad – is from God, the Most High.

14. Du'a (Supplication)

يَا رَبِّي يَا اللَّهُ، كَمْ ظَهَرَ مِنِّي مِنَ الذُّنُوبِ وَالْمَعَاصِي ظَاهِرًا وَبَاطِنًا وَسِرًّا مِنْ عَهْدِ إِبْرَاهِيمَ دَرَّتِي وَرُوحِي، وَدُخُولِ رُوحِي إِلَى جَسْمِي، وَظُهُورِي مِنَ الْعَدَمِ إِلَى الْوُجُودِ، وَظُهُورِي فِي عَالَمِ الدُّنْيَا إِلَى يَوْمِنَا هَذَا، رَجَعْتُ عَنْ الْجَمِيعِ إِلَيْكَ بِالتَّوْبَةِ وَالْإِسْتِغْفَارِ.



Ya Rabbi, ya Allah, kam zhahara minni minadh dhunobi wal ma'asi zhahiran wa batinan wa sirran min 'ahdi ijadi dharrati wa rohi, wa dukholi rohi ila jismi, wa zhuhori minal 'adami ilal wujud, wa zhuhori fi 'alamid dunya ila yawmina hadha, raja'tu 'anil jami'ee ilayka bit tawbati wal isteghfir.

O my Lord, from the Day of Promises, whatever there was of promise from me to You ("Alastu bi Rabbikum, Qaalo balaa"; "Am I not your Lord?" They said, "Yes.", Holy Qur'an, 7:172) – I accept and promise to do it all. O my Lord, Ya Allah, from the day You created my dharrah (atom), my essence, and from the day You entered my soul to my body, and from the day my soul came from absolute abstract to existence and came in to this world, until this day; how much of the disobedience has appeared from me and my essence, and from my soul and my body, spiritually and physically! I am regretting them all, and regretting what I did, and I am coming back to You to repent and ask for forgiveness.

وَإِنِّي قَدْ دَخَلْتُ وَسَلَكْتُ فِي رَحْمَاتِ شَهْرِكَ هَذَا الْمُبَارَكِ. فَلَا تُرَدِّنِي يَا رَبِّي عَنْ بَابِكَ وَلَا تُتْرَكْنِي لِأَحْوَالِ نَفْسِي وَلَوْ لِلْحِظَّةِ، وَأَنَا أَسْتَغْفِرُكَ.

Wa innani qad dakhaltu wa salaktu fi rahmaati shahrika hadhal Mubarak fala taruddni ya Rabbi, 'an babika wa la tatruckni li ahwali nafsi wa law li lahzah wa ana astaghferuka.

O my Lord, I entered, and I moved into the ocean of mercy of Your blessed month. O my Lord, do not reject me from Your door and don't leave me to my ego even for a blink of an eye and I am asking forgiveness by saying, (Astaghfirullah)

15. 100X Astaghfirullah اَسْتَغْفِرُ اللهَ (I seek forgiveness from Allah)

16. Prepare for Tafakkur/Muraqabah (Meditation)

- a) Sit on your Prayer carpet, facing Qibla (direction of Ka'bah Sharif)
- b) Cover yourself with light white cloth and light a candle

Naqshbandi Adab (Daily Practice)

17. Complete the Naqshbandi Daily Adab/Wazifa (Daily Practice):

- a) **3X Shahada (Testimony of Faith)** (With the right-hand index finger raised)

أَشْهَدُ أَنْ لَا إِلَهَ إِلَّا اللَّهُ وَأَشْهَدُ أَنَّ مُحَمَّدًا عَبْدُهُ وَرَسُولُهُ

Ashhadu an la ilaha illallah, wa ashhadu anna Muhammadan 'abduhu wa Rasulu.

I bear witness that there is no god but Allah, and I bear witness that Prophet Muhammad is the servant and the Messenger of Allah.



- b) **70X Astaghfirullah** (I seek Forgiveness from Allah) أَسْتَغْفِرُ اللَّهَ
- c) **Surat al Fatiha** ([Ch. 1](#) of Holy Qur'an) (with intention of being dressed with *tajalli* (manifestation) that come down to Makkah)
- d) **Amanar Rasul** ([Ch. 2:285](#))
- e) **7x Surat ash Sharh** (*Alam Nashra laka Sadrak* - [Ch. 94](#) of Holy Qur'an)
- f) **11X Surat alIkhlas** ([Ch. 112](#))
- g) **Surat alFalaq** ([Ch. 113](#))
- h) **Surat alNas** ([Ch. 114](#))
- i) **9X La ilaha illallah** (There is no God but Allah.) لَا إِلَهَ إِلَّا اللَّهُ
- j) **1X La ilaha illallah, Muhammadun Rasulullah** لَا إِلَهَ إِلَّا اللَّهُ مُحَمَّدٌ رَسُولُ اللَّهِ
There is no God but Allah. Muhammad (saws) is the messenger of Allah
- k) **10X Salawat**

اللَّهُمَّ صَلِّ عَلَى سَيِّدِنَا مُحَمَّدٍ، وَعَلَى آلِ سَيِّدِنَا مُحَمَّدٍ وَ سَلِّمْ.

Allahumma salli 'ala Sayyidina Muhammadin, wa `ala ali Muhammadin wa sallim

O Allah! Send Peace and blessings upon Muhammad and upon the Family of Muhammad (Peace be Upon him)

l) **Ihda (Gift)**

اللَّهُمَّ بَلِّغْ ثَوَابَ مَا قَرَأْنَاهُ وَنُورَ مَا تَلَوْنَاهُ هَدِيَّةً وَاصِلَةً مِنَّا إِلَى رُوحِ نَبِيِّنَا سَيِّدِنَا مُحَمَّدٍ (صَلَّى اللَّهُ عَلَيْهِ وَسَلَّمَ) وَإِلَى أَرْوَاحِ إِخْوَانِهِ مِنَ الْأَنْبِيَاءِ وَالْمُرْسَلِينَ وَخُدَمَاءِ شَرَائِعِهِمْ، وَإِلَى أَرْوَاحِ الْأَيِّمَةِ لِأَرْبَعَةٍ، وَإِلَى أَرْوَاحِ مَشَائِكُنَا فِي الطَّرِيقَةِ النَّفْسِبَنْدِيَّةِ الْعَالِيَةِ خَاصَّةً إِلَى رُوحِ إِمَامِ الطَّرِيقَةِ وَ غَوْثِ الْخَلِيقَةِ خَوَاجَةٍ بِهِاءِ الدِّينِ النَّفْسِبَنْدِ مُحَمَّدُ الْأَوْيَسِيِّ الْبُخَارِيِّ، وَإِلَى سُلْطَانِ الْأَوْلِيَاءِ الشَّيْخِ عَبْدِ اللَّهِ الْفَائِزِ الدَّاعِغُسْتَانِيِّ، وَإِلَى سُلْطَانِ الْأَوْلِيَاءِ مَوْلَانَا الشَّيْخِ مُحَمَّدٍ نَاطِمِ الْحَقَّانِيِّ، وَمَوْلَانَا الشَّيْخِ هَيْشَامِ الْقَبَّانِيِّ، وَمَوْلَانَا الشَّيْخِ أَدْنَانَ الْقَبَّانِيِّ، وَمَوْلَانَا الشَّيْخِ مُحَمَّدٍ عَادِلٍ، صَاحِبِ الزَّمَانِ سَيِّدِنَا مُحَمَّدُ الْمُهْدِيِّ (عَلَيْهِ السَّلَامُ)، رُوحُ اللَّهِ سَيِّدِنَا عَيْسَى (عَلَيْهِ السَّلَامُ)، وَ سَيِّفُ اللَّهِ سَيِّدِنَا عَلِيٍّ (عَلَيْهِ السَّلَامُ) وَ إِلَى سَائِرِ سَادَاتِنَا وَالصِّدِّيقِينَ الْفَاتِحَةَ.

Allahumma balligh tawaba ma qaraanahu wa nura ma talawnahu, hadiyyatan wasilatan minna ila ruhi Nabiyyina Sayyidina Muhammadin (Sallallahu 'alayhi Wa sallam), wa ila arwahi ikhwanihi minal Anbiyai wal mursalyin, wa khudamaai sharay'ihim, wa ila arwahil a'imatil arba'ah, wa ila arwahi mashayikhina fit tariqatin Naqshbandiyyatil 'aaliyyah, khasatan ila ruhi Imamit tariqat wa ghawthil khaliqati Khwaja Bahauddin anNaqshband Muhammadal Uwaisil Bukhari, wa ila sultanul Awliya



Mawlana Shaykh Abdullahil Faizad Daghestani, wa ila sultanul Awliya Mawlana Shaykh Muhammad Nazim alHaqqani, wa Mawlana Shaykh Hisham Kabbani, wa Mawlana Shaykh Adnan Kabbani, wa Mawlana Shaykh Mehmad Adil, Sahibul Zaman Sayyidina Muhammadul Mahdi ('alayhis salaam), wa Ruhullah Sayyidina 'Isa ('alayhis salaam), wa Sayfullah Sayyidina 'Ali ('alayhis salaam), wa ila sayiri sadatina wa Siddiqin.

O God! Grant that the merit of what we have read, and the light of what we have recited, are (considered) and offering and gift from us to the soul of our Prophet our Master Muhammad (pbuh), and to the souls of his brothers; all Prophets and messengers, and to our honoured Shaykhs of Naqshbandi Order, especially the leader of the Way and arch-intercessor of the created world; Khwaja Bahauddin Muhammadul Uwaisil Bukhari, and to our Master, Sultanul Awliya (King of saints), Shaykh AbdAllah alFa'iz adDaghistani, and Sultanul Awliya (King of saints), Mawlana Shaykh Muhammad Nazim alHaqqani, and Mawlana Shaykh Hisham Kabbani, and Mawlana Shaykh Adnan Kabbani, Mawlana Shaykh Mehmad Adil, and to all our masters, and (those who are) the righteous.

m) Surat al Fatiha, with intention of being dressed with the tajallis (manifestations) that came down to Madinatul Munawera)

n) 1500X Allah الله (Say it loud)

o) 1500X Allah الله (Say it in silence)

p) 100X Salawat (Salutation on Prophet Muhammad ﷺ)

اللَّهُمَّ صَلِّ عَلَى سَيِّدِنَا مُحَمَّدٍ، وَعَلَى آلِ سَيِّدِنَا مُحَمَّدٍ وَ سَلِّمْ.

Allahumma salli 'ala Sayyidina Muhammadin, wa 'ala ali Muhammadin wa sallim

O Allah! Send Peace and blessings upon Muhammad and upon the Family of Muhammad (Peace be Upon him)

q) 100X Surat alIkhlas (Sincerity, [Ch. 112](#) of Holy Qur'an) (With the intention to be counted for one *juz* of Qur'an)

r) 100X Salawat (With the intention to be counted as *Dala'ilul Khayrat*)



Special Salats (Prayers):

- 18. Salatun Najat (Prayer of Salvation) - 2 Raka'at (cycle) prayer:**
1. First Cycle – After Fatiha, recite the following Verses
(Ayatul Kursi (Verse of Throne) – Qur'an [2:255](#), [3:18-19](#), and [3:26-27](#))
2. Second Cycle – After Fatiha, Recite 11X Surat al Ikhlas ([Ch. 112](#))
(For detailed instruction see [page 262](#) of The Naqshbandi Tradition Guidebook)
- 19. Salatush Shukr (Prayer of Gratitude) - 2 Raka'at (cycle) regular prayer**
- 20. Salatut Tasabih (Prayer of Praises) - Pray 4 cycle Prayer**
(For instruction see [page 264](#) of The Naqshbandi Sufi Tradition Guidebook)
- 21. Salatut Tahajjud (Late night voluntary Prayer) - Pray 2 cycle regular prayer**

AWRAD (Practices):

- 22. 500X Ya Samad يَا صَمَدُ (O Self-Sufficient)**
(With intention to eliminate the bad ego)
- 23. 500X Astaghfirullah أَسْتَغْفِرُ اللَّهَ (I seek forgiveness from Allah)**
(With the intention that Allah forgive my sins from the day of creation of my soul to the present day)
- 24. 500X Astaghfirullah أَسْتَغْفِرُ اللَّهَ (I seek forgiveness from Allah)**
(With the intention that from the present day to the last day on earth Allah will protect against sins)
- 25. 500X Alhamdulillah الْحَمْدُ لِلَّهِ (Praise be to Allah)**
(For Allah did not create me from the nation of other prophets)
- 26. 500X Alhamdulillah الْحَمْدُ لِلَّهِ (Praise be to Allah)**
(For Allah has created me from the nation of Muhammad ﷺ and honored me by Sayyidina Abu Bakr asSiddiq, Sayyidina 'Abdul Khaliq alGhujdawani, Shaykh Sharafuddin adDaghestani, Grandshaykh Abdullah alFa'izi adDaghestani and honored me by making me a follower of Mawlana Shaykh Muhammad Nazim Adil (Q).

27. Du'a ul Mathur

دعاء الأعظم المأثور مولا نا الشيخ عبد الله الفائز الدغستا ني (ق)

Du'a ul 'Azam ul Mathur - Shaykh Abdullah al Fa'iz adDaghestani (Q)

The Grand Transmitted Supplication of Grandshaykh Abdullah al Faiz ad Daghestani (May Allah sanctify his secret)

28. Ihda

