# اَدَبُ لَيْلَةُ الْإِسْرَاءُ وَالْمِعْرَاجُ Adab Lailatul Isra wal Mi'raj

#### **Practices of the Night of Ascension**

On the <u>night preceding the 27<sup>th</sup> day of Rajab</u> is considered by many to be the night in which our master Prophet Muhammad was invited to the Divine Presence. Prophet Muhammad was ascended to the heavens on this night in his physicality. These are the practices to be performed at night on the 26<sup>th</sup> of Rajab.

الْنِيَّةُ (Al Niyyah) الْنِيَّةُ

نُوَيْتُ الْأَرْبَعِينْ، نُوَيْتُ الْإعْتِكَاف، نُوَيْتُ الْخَلْوَة، نُوَيْتُ الْعُزْلَة، نُوَيْتُ الْرِيَاضَة، نُوَيْتُ الْسُلُوكُ وَالْصِيّامْ سِّهِ تَعَالَى فِيْ هَذَالْمَسْجِدْ.

Nawaytul arbaeen, naway tul itikaf, nuwaytul khalwa, nuwaytul uzla, nuwaytul riyada, nuwaytus suluk wal siyam, lillahi ta'ala fi hadhal masjid.

I intend the forty (days of seclusion), I intend seclusion in the mosque, I intend seclusion, I intend isolation, I intend discipline (of the ego), I intend to travel in God's Path, I intend to fast for the sake of God in this mosque.

DAILY PRACTICE (Adab ul Tariqa) اَدَبُ الْطَرِيْقَةُ Read the <u>Daily Adab</u>/Spiritual Practice of the Nagshbandi Sufi Way.

#### **DU'A UL MATHUR**

THE GRAND TRANSMITTED SUPPLICATION OF GRANDSHAYKH ABDALLAH AL FAIZ ADDAGHESTANI (Q)

Read the grand transmitted invocation (Dua ul 'Azam ul Mathur) of Sultan al Awliya Shaykh Abdullah Daghestani.

## ZIKR IN CONGREGATION (Khatm ul Khwajagan) خَتْمُ الْخَوَاجَكَانْ Recite the Nagshbandi Sufi Way's Dhikr, divine chanting Khatm ul Khwajagan

#### مَوْلِيدٌ (Praises) مَوْلِيدُ

Recite praises/Salawats/duroods on Prophet Muhammad .

# صَلَاةُ التَّسَابِيحْ (Prayer of Praises) صَلَاةُ التَّسَابِيحْ

Pray four raka'at (cycle) of salat ut Tasabih.

### صَلَاةَ الْشُكْرِ SALAT ASH SHUKUR

Pray 2 rak'at (cycle) Salatul Shukur to thank Allah for everything He has given us of His bounty.

### إهْدَاء (Gift) إهْدَاء

Read the Ihda invocation.

### دُعَا وَ ٱلْفَاتِحَةُ DU'A WAL FATIHA

Make invocation and read the first chapter of Quran (Al Fatiha).

It is desired to fast on the 27<sup>th</sup> of Rajab and to make sacrifice in thankfulness to God and to fast on the last day of Rajab.