

دُعَاءِ الطَّعَامِ Du'a e Ta'am

SUPPLICATION BEFORE MEAL

أَشْهَدُ أَنْ لَا إِلَهَ إِلَّا اللَّهُ وَأَشْهَدُ أَنَّ مُحَمَّدًا عَبْدُهُ وَرَسُولُهُ. أَسْتَغْفِرُ اللَّهَ الْعَظِيمَ ۓ X ۓ

فَإِنْ تَوَلَّوْا فَقُلْ حَسْبِيَ اللَّهُ لَا إِلَهَ إِلَّا هُوَ عَلَيْهِ تَوَكَّلْتُ وَهُوَ رَبُّ الْعَرْشِ الْعَظِيمِ .

إِلَى شَرَفِ النَّبِيِّ صَلَّى اللَّهُ عَلَيْهِ وَسَلَّمَ وَآلِهِ وَأَصْحَابِهِ الْكِرَامِ، وَإِلَى أَرْوَاحِ آبَائِنَا وَأُمَّهَاتِنَا وَحَضْرَةِ
أُسْتَاذِنَا وَأُسْتَاذِ أُسْتَاذِنَا وَالصِّدِّيقِينَ . الْفَاتِحَةَ

Ashhadu an la ilaha illAllah wa ashhadu anna Muhammadan 'abduhu wa Rasuluhu. Astaghfirullaahul 'Azheem. X 3

Fa in tawallaw faqul hasbiy Allaahu laa ilaaha illa Hu 'alayhi tawakaltu wa Huwa rabbul 'arshil 'Azheem.

Ila sharafin Nabi sallAllaahu 'alayhi wa sallam, wa aalihi wa ashaabihil kiraam, wa ila arwaahi abaa'ina wa ummahaatinaa wa hadarati ustaadhinaa wa ustaadhi ustaadhinaa was siddiqeen. Al fatiha.

I bear witness that there is no deity but Allah and I bear witness that our master Prophet Muhammad is His servant and Messenger. I ask forgiveness from Allah.

But if they turn away, say: "Allah is sufficient for me: there is no god but He: in Him I place my trust – and He is the Lord of the Throne Supreme."

We send this (as an offering) to the Honored Prophet (pbuh), upon whom be Allah's peace and blessings, to his family and his companions; and to the souls of our fathers, our mothers, our venerated teachers and the teachers of our teachers, and the veracious ones. Recite Surat al-Fatiha (first chapter of Holy Qur'an).



SUPPLICATION AFTER MEAL

الْحَمْدُ لِلَّهِ الَّذِي أَطْعَمَنَا وَسَقَانَا وَجَعَلَنَا مُسْلِمِينَ، الْحَمْدُ لِلَّهِ حَمْدًا يُؤَافِي نِعْمَهُ وَيُكَافِي مَزِيدَهُ كَمَا يَنْبَغِي لِجَلَالِ وَجْهِكَ الْعَظِيمِ يَا اللَّهُ، نِعْمَةً جَلِيلُ اللَّهُ، بَرَكَةً خَلِيلُ اللَّهُ، شَفَاعَةَ يَا رَسُولُ اللَّهِ. اللَّهُمَّ أَكْرَمَ صَاحِبِ هَذَا الطَّعَامِ وَالْأَكْلِينَ. اللَّهُمَّ زِدْ وَلَا تُقَلِّلْ.

إِلَى شَرَفِ النَّبِيِّ ﷺ وَآلِهِ وَصَحْبِهِ الْكَرَامِ، وَإِلَى أَرْوَاحِ إِخْوَانِهِ مِنَ الْأَنْبِيَاءِ وَالْمُرْسَلِينَ وَخُدَمَاءِ شَرَانِعِهِمْ، وَإِلَى أَرْوَاحِ الْأَئِمَّةِ الْأَرْبَعَةِ، وَإِلَى أَرْوَاحِ مَشَائِخِنَا فِي الطَّرِيقَةِ النَّقْشَبَنْدِيَّةِ الْعَالِيَةِ وَإِلَى سَائِرِ سَادَاتِنَا وَالصِّدِّيقِينَ. الْفَاتِحَةَ.

Alhamdulillah ladhi at'amana wa saqana wa j'alanaa Muslimin. Alhamdulillah hamdan yuwafi ne'mahu wa yukafi mazidahu kama yanbaghi liJalaali wajhikal 'Adheem yaa Allah, ne'mat jalilullah, barakat khalilullah, shafa'at yaa Rasulullah. Allahumma akrim sahib hadhat ta'am wal aakilin. Allaahuma zid wa laa tuqalil.

Ila sharifin Nabi (sallAllahu 'alayhi wa Sallam) wa aalihi wa sahibihil kiram, wa ila arwahi ikhwanihi minal Anbiyaa wal Mursalin wa khudamaai sharay'ihim, wa ila arwahil a'imatil arba'ah, wa ila arwahi mashayikhina fit tariqatin Naqshbandiyyatil 'aaliyyah, wa ila sayiri sadatina wa sadiqin. Al Fatiha.

Praise be to Allah who has fed us, and quenched our thirst, and made us to be Muslims. Praise be to Allah, a praise such that it equals to His favors, and meets His increase (of His favors); a praise which is adequate to the magnificence of your Magnificent Countenance. Grant us the favors of the mighty one of Allah, the blessing of the intimate friend of Allah, the intercession of the Messenger of Allah. Oh Allah honor the owner of this food and those who are eating from it. Oh Allah increase and do not diminish. We send this as an offering to the Honored Prophet, upon whom be Allah's peace and blessings, to his family and his holy companions; to our honoured Shaykhs of Naqshbandi spiritual order, and to all our masters, and the righteous ones. (Recite) Surat al-Fatiha.

