

آدابُ التَّزْجِيبِ بِشَهْرِ شَعْبَانَ

Adaabut Tarhibi be Shahre Sha'ban

Practices of Welcoming the Month of Sha'ban

In honor of welcoming the esteemed month of Sha'banul Mu'azzam, the month of Sayyidina Muhammad (pbuh), the following practices are observed. On the day before the first day of Sha'ban, perform these practices after Salatul 'Asr (Afternoon Prayer):

1. Take a **Ghusl** (ritual purification shower)
2. Make **Wudu** (ablution)
3. Pray **Salatul Wudu** (Ablution Prayer) - Pray two-cycle regular sunnah prayer
4. **Make intention** - Niyatel Khalwah (Intention of Seclusion)

نَوَيْتُ الْأَرْبَعِينَ، نَوَيْتُ الْإِعْتِكَافَ، نَوَيْتُ الْخَلْوَةَ، نَوَيْتُ الْعُزْلَةَ، نَوَيْتُ الرِّيَاضَةَ، نَوَيْتُ السُّلُوكَ لِلَّهِ تَعَالَى الْعَظِيمِ، فِي هَذَا الْمَسْجِدِ.

Nawaytul Arba'een, nawaytul 'Itikaf, nawaytul Khalwah, nawaytul 'Uzlah, nawaytur Riyada, nawaytus Sulook Lillahi Ta'ala al 'Azhim, fi hazal masjid.

I intend to perform the forty (days of seclusion), I intend seclusion in the masjid, I intend seclusion, I intend isolation/solitude, I intend discipline (of the ego), I intend to travel on the spiritual path for the sake of Allah Almighty in this masjid.

5. **Recite 100x Salawat** (Praising)

Stand on your prayer carpet facing the Qiblah (Ka'bah Sharif) and recite Salawat/Durood Sharif 100 times while standing. Present the blessings of the Durood Sharif as a gift to the presence of Sayyidina Muhammad ﷺ.

اَللّٰهُمَّ صَلِّ عَلٰى سَيِّدِنَا مُحَمَّدٍ، وَعَلٰى آلِ سَيِّدِنَا مُحَمَّدٍ وَسَلِّمْ.

"Allahumma salli 'ala Sayyidina Muhammadin, wa 'ala aali Sayyidina Muhammadin wa sallim"

O Allah! Send Peace and blessings upon Muhammad and upon the Family of Muhammad (Peace be Upon him)

6. **Adab ut Tariqah** (Daily Practice)

أَدَبُ الطَّرِيقَةِ

Read the [Daily Adab](#)/Spiritual Practice of the Naqshbandi Sufi Way

