

آدابُ لَيْلَةِ الْإِسْرَاءِ وَالْمِعْرَاجِ

Aadaabo Lailatul Israyi wal Mi'raj

Practices of the Night of the Journey and Ascension

The night preceding the 27th of Rajab is regarded as the night on which our master, Prophet Muhammad (pbuh), made a journey to Jerusalem and then was taken to the Divine Presence. On this blessed night, he (pbuh) ascended to the heavens in his physical form, the greatest miracle ever witnessed by creation. The following practices are traditionally performed during the night of the 26th of Rajab:

1. **Du'a An Niyah** (Supplication of Intention)

دُعَاءُ النَّيَّةِ

Make Intention by reciting:

نَوَيْتُ الْأَرْبَعِينَ، نَوَيْتُ الْإِعْتِكَافَ، نَوَيْتُ الْخُلُوءَ، نَوَيْتُ الْعُزْلَةَ، نَوَيْتُ الرِّيَاضَةَ، نَوَيْتُ السُّلُوكَ لِلَّهِ تَعَالَى الْعَظِيمِ، فِي هَذَا الْمَسْجِدِ.

Nawaytul Arba'een, nawaytul 'Itikaf, nawaytul Khalwah, nawaytul 'Uzlah, nawaytur Riyada, nawaytus Sulook Lillahi Ta'ala al 'Azhim, fi hazal masjid.

I intend to perform the forty days of seclusion, I intend seclusion in the masjid, I intend spiritual seclusion, I intend isolation/solitude, I intend to discipline (the ego), and I intend to travel on the spiritual path for the sake of Allah Almighty in this masjid.

2. **Adabut Tariqah** (Daily Spiritual Practice)

أَدَبُ الطَّرِيقَةِ

Read the [Daily Adabut Tariqah](#) (Spiritual Practice of the Naqshbandi Sufi Way)

3. **Du'a ul Azamul Mathur** (The Grand Transmitted Invocation)

دُعَاءُ الْأَعْظَمِ الْمَأْتُورِ

Read the grand transmitted invocation ([Dua ul 'Azam ul Mathur](#)) of Sultan al Awliya Shaykh Abdullah Daghastani.

4. **Mawlidun Nabi** ﷺ (Celebration of the Birth of Prophet Muhammad)

مَوْلِدُ النَّبِيِّ ﷺ

Celebrate the birth of Prophet Muhammad (pbuh) by reciting nasheed/durood (praises) upon his holy soul (pbuh).

5. **Khatmul Khwajagan** (The Naqshbandi Zikr)

حَتْمُ الْخَوَاجِغَانِ

Recite the [Khatmul Khwajagan](#), Naqshbandi Zikr (Divine chanting) in congregation,

6. **Salatut Tasabih** (Prayer of Glorification)

صَلَاةُ التَّسَابِيحِ

Pray four raka'at (cycle) of Salatut Tasabih (Prayer of Glorification)



7. Salatush Shukr (Prayer of Gratitude)

Pray two rak'at (cycle) of Salatul Shukur (Prayer of Gratitude) with du'a e qunut, to thank Allah (AJ) for everything He has given us of His bounty.

8. Ihda (Dedication)

Read the [Ihda](#) – a supplication of dedication to pious soul.

Fasting:

It is recommended to fast on the 27th of Rajab, offer a sacrifice in gratitude to Allah (AJ). The last day of Rajab is also a recommended day to fast and gain blessings.

