

# آدابُ عَاشُورَاءَ

## Aadaabo 'Ashura

### Practices of the Day of 'Ashura

**Fast:** It's recommended to fast the 9<sup>th</sup> and the 10<sup>th</sup> day of Muharram which is 'Ashura.

Our Master Prophet Muhammad (pbuh) said, "Whoever fasts the 'Ashura (10<sup>th</sup> of Muharram), Allah (AJ) will write for him a thousand (1,000) wishes and a thousand years of age. And will grant him the reward of a thousand martyrs and will write for him the reward of Isma'il (as). And writes for him seventy (70) palaces in paradise, and makes his flesh forbidden from the hellfire."

**After Salatul 'Asr** (before sunset prayer):

On the day of 'Ashura, 10<sup>th</sup> of Muharram, after Salatul 'Asr (before sunset prayer), perform the following practices:

**1. Shower** - Take the Sunnah shower

**2. Wear the Kuhl** - Wear kuhl on your eyes and you will not suffer sickness in that year except the illness of death.

**3. Pray 4 Rak'at (Cycle) Sunnatul 'Ashura,**

If you pray these 4 rak'at (cycle), Allah (AJ) will forgive your sins of fifty years and will build for you a pulpit of light in paradise.

On each raka't (cycle)

1. Recite 1 **Surat al Fatiha** (The Opener)
2. 11 X recite **Surat al Ikhlas** (The Sincerity)

**4. 70X Recite:**

حَسْبُنَا اللَّهُ وَنِعْمَ الْوَكِيلُ. نِعْمَ الْمَوْلَى وَنِعْمَ النَّصِيرُ.

**Hasbun Allahu wa ni'mal wakil. (3:173) Ni'mal Mawla wa ni'man Nasir.**

"Sufficient for us is Allah (AJ), and [He is] the best Disposer of affairs." (Family of 'Imran [3:173](#)) The very best Master and the best defender/protector.

**5. 7X Recite Du'a of 'Ashura:**

سُبْحَانَ اللَّهِ مِلْءَ لَمِيْزَانٍ وَمُنْتَهَى الْعِلْمِ، وَمَبْلَغِ الرِّضَا، وَزِينَةِ الْعَرْشِ. لَا مَلْجَأَ وَلَا مَنْجَا مِنْ اللَّهِ إِلَّا إِلَيْهِ. سُبْحَانَ اللَّهِ عَدَدَ شَفِيعِ الْعَرْشِ، وَعَدَدَ كَلِمَاتِ رَبِّنَا التَّامَّاتِ كُلِّهَا. أَسْأَلُكَ السَّلَامَةَ، بِرَحْمَتِكَ يَا أَرْحَمَ الرَّاحِمِينَ. وَلَا حَوْلَ وَلَا قُوَّةَ إِلَّا بِاللَّهِ الْعَلِيِّ الْعَظِيمِ. وَهُوَ حَسْبُنَا اللَّهُ وَنِعْمَ الْوَكِيلُ. نِعْمَ الْمَوْلَى وَنِعْمَ النَّصِيرُ. وَصَلَّى اللَّهُ عَلَى سَيِّدِنَا مُحَمَّدٍ ﷺ وَعَلَى آلِهِ وَصَحْبِهِ، وَعَلَى الْمُؤْمِنِينَ وَالْمُؤْمِنَاتِ، وَالْمُسْلِمِينَ وَالْمُسْلِمَاتِ، عَدَدَ ذَرَّاتِ الْوُجُودِ، وَعَدَدَ مَعْلُومَاتِ اللَّهِ، وَالْحَمْدُ لِلَّهِ رَبِّ الْعَالَمِينَ.



**SubhanAllahu mil al mizan wa muntaha al 'ilma, wa mablaghal rida, wa zinatul 'Arsh. La maljaa a, wa la manja minAllahi illa ilayh. SubhanAllahi 'adada shafi' wal 'Arshi, wa 'adada kalimati Rabbina ataammati kulliha. As alukas salamata bi rahmatika ya Arhamar Rahimin. Wa la hawla wa la quwwata illa billahil 'Aliyyil 'Azheem. "Wa huwa hasbun Allahu wa ni'mal wakil." (3:173) Ni'mal Mawla wa ni'man Nasir. Wa Sallallahu 'ala Sayyidina Muhammadin ﷺ wa 'ala alihi wa sahbihi, wa 'alal muminina wal muminaati, wal Muslimina wal Muslimaati, 'adada zarratil wujudi, wa 'adada ma'lumatillahi, wal hamdullelahi Rabbil 'Aalamin.**

Glorious is Allah (AJ), as much as what is in His great scale, and as far as His knowledge extends, and to such a degree as it attains His pleasure, and to whatever weight may be His Throne. There is no refuge and no safety from Allah (AJ) except in Him. Glorious is Allah (AJ), (He is declared so) as many as there be even (numbers) and as many as there be odd, and as many as there be perfect words of His; glory be to Him for them all. We ask of You (our Lord) for safety, by Your mercy, O You who is the most merciful of all those who show mercy. "Sufficient for us is Allah (AJ), and [He is] the best Disposer of affairs" (Family of 'Imran [3:173](#)). The very best master and the very best supporter! And there is no power and no strength except in Allah, the High, the Great! May the grace of Allah (AJ), the Exalted, be upon our Master Muhammad (pbuh) and upon his holy family and his holy companions, and upon the believers, and upon those who submit (in Islam), as much as there be atoms in existence and as much as there be things known to Allah; and all praise is due to Him, Lord of the Worlds.

## **6. Daily Adab of Naqshbandis:**

About an hour before the azaan of Maghrib on the day of 'Ashura, sit facing the qiblah and finish the [Daily Adab/Awrad of Naqshbandi tariqah](#).

## **7. Read the [Names of 72 Shuhada \(Martyrs\) of Karbala](#)**

## **8. Muraqabah (Spiritual Connection)**

Make Tawassul (spiritual connection) with your shaykh and through him to Sayyidina Imam Hussain (as) and the Shuhada of Karbala, whom on that day were martyred with Imam Hussain (as) and those of his family and companions who survived. May Allah's (AJ) blessings be upon them all.

## **9. Gift the Reward of Fasting**

After breaking your fast, dedicate the blessings and rewards of your fast and daily Awrad upon the Prophet Muhammad (pbuh), for the oceans of secrets that open on the 14<sup>th</sup> of Muharram, which is the birthday of Mawlana Shah Bahauddin Naqshband (Q).

