

آدابُ يَوْمِ الْأَرْبِعَاءِ الْآخِرِ مِنْ شَهْرِ صَفَرٍ

Adabu Yawmil Arbi'ayi al Akhiri min Shahri Safar

Practices of the Last Wednesday of Safar

Sultanul Awliya Mawlana Shaykh Muhammad Nazim Adil al Haqqani (Q) said: "On the last Wednesday of Safar seventy thousand afflictions come down, so whoever keeps the adab of last Wednesday that we mentioned, Allah (AJ) will protect them."

Try to do the following practices for protection from difficulties.

1. **Avoid going out** of the house between 'Asr and Maghrib in the evening of last Wednesday of Safar.
2. **Qurban:** It is recommended to do qurban (sacrifice) on the last Wednesday for the Safar for sake of Allah (AJ) with the intention of removal of afflictions.
 1. To order Qurban, please click the link of [Muslim Charity](#).
3. **Daily Aadaab (Practices) of Safar:**

1. **3 X Shahadah** (Testimony of Faith)

شَهَادَةٌ

أَشْهَدُ أَنْ لَا إِلَهَ إِلَّا اللَّهُ وَأَشْهَدُ أَنَّ مُحَمَّدًا عَبْدُهُ وَرَسُولُهُ

Ashhadu an la ilaha illallah, wa ashhadu anna Muhammadan 'abduhu wa Rasulu.

I bear witness that there is no god but Allah (AJ), and I bear witness that Prophet Muhammad (pbuh) is the servant and the Messenger of Allah.

2. **300X Astaghfirullah** (I seek forgiveness from Allah (AJ))

أَسْتَغْفِرُ اللَّهَ

3. **7 X Suratul Fil** (The Elephant) (Chapter 105)

سُورَةُ الْفِيلِ

After the recitation, blow on yourself and your family for protection

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ.
أَلَمْ تَرَ كَيْفَ فَعَلَ رَبُّكَ بِأَصْحَابِ الْفِيلِ ﴿١﴾ أَلَمْ يَجْعَلْ كَيْدَهُمْ فِي تَضَلُّلٍ ﴿٢﴾ وَأَرْسَلَ عَلَيْهِمْ طَيْرًا
أَبَابِيلَ ﴿٣﴾ تَرْمِيهِمْ بِحِجَارَةٍ مِّن سِجِّيلٍ ﴿٤﴾ فَجَعَلَهُمْ كَعَصْفٍ مَّأْكُولٍ ﴿٥﴾



"Alam tara kaifa fa'ala rabbuka bi ashaabil feel (1) Alam yaj'al kaidahum fee tadleel (2) Wa arsala 'alayhim tairan abaabil (3) Tarmeehim bihijaaratim min sijjeel (4) Faja 'alahum ka'asfim m'akool (5)" (Suratul Fil)

"Have you not seen, [O Muhammad (pbuh)], how your Lord dealt with the companions of the elephant? (1) Did He not make their plan/plot go astray? (2) And He sent against them flocks of birds (Swallows), (3) Striking them with stones of baked clay, (4) Then He made them like an empty field of stalks and straw, (of which the corn) has been eaten up. (5)" (The Elephant, [105:1-5](#))

4. **7 X Ayatul Kursi** (Verse of the Throne)

آيَةُ الْكُرْسِيِّ

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ.
اللَّهُ لَا إِلَهَ إِلَّا هُوَ الْحَيُّ الْقَيُّومُ ۚ لَا تَأْخُذُهُ سِنَّةٌ وَلَا نَوْمٌ ۚ لَهُ مَا فِي السَّمَاوَاتِ وَمَا فِي الْأَرْضِ ۗ مَنْ ذَا الَّذِي يَشْفَعُ عِنْدَهُ إِلَّا بِإِذْنِهِ ۗ يَعْلَمُ مَا بَيْنَ أَيْدِيهِمْ وَمَا خَلْفَهُمْ ۗ وَلَا يُحِيطُونَ بِشَيْءٍ مِّنْ عِلْمِهِ إِلَّا بِمَا شَاءَ ۗ وَسِعَ كُرْسِيُّهُ السَّمَاوَاتِ وَالْأَرْضَ ۗ وَلَا يَئُودُهُ حِفْظُهُمَا ۗ وَهُوَ الْعَلِيُّ الْعَظِيمُ ﴿٢٥٥﴾

"Allahu la ilaha illa Huwa Al Hayyul Qayyum. La takhuzuhu sinatun wa la nawm. Lahu ma fis samawati wa ma fil ard. Man zallazi yashfa'u 'indahu illa bi iznihi. Ya'lamu ma bayna aydihim wa ma khalfahum, wa la yuhituna bi shayim min 'ilmihill bima shaa. Wasi'a kursiyuhus samawati wal ard. Wa la yauduhu hifzuhuma, wa Huwal 'Aliyyul 'Azeem." (Surat Al Baqarah)

"Allah, there is no god but He, the Ever Living, Self-Sustaining. Neither drowsiness overtakes Him nor sleep; to Him belongs all that is in the heavens and on earth. Who is it that can intercede with Him except by His permission? He knows what lies before them, and what will be after them. And they comprehend not anything of His knowledge except for what He wills. His throne extends over the heavens and the earth, and their preservation tires Him not. And He is the Most High, the Almighty." (The Cow, [2:255](#))

